



The RYA cruising schemes aim to give the potential Day Skipper sufficient information to make informed choices about their cruising; should we sail today given this forecast? Which berth should I choose when I get there?

This course is done in two parts. The first covers the theory and knowledge based training, such as meteorology, navigation, pilotage techniques and collision regulations; the second is putting this theory into practice in addition to developing the practical skippering skills of crew management, boat handling, practical pilotage and passage making.

The Course

- Information: locating and using information such as weather forecasts, tidal data or navigational information in the planning and execution of a passage
- Regulations and guidance: gain a working knowledge of the collision avoidance rules, marine pollution responsibilities and carriage of safety equipment requirement for small yachts
- Techniques: learn and plan the use of pilotage and navigation techniques, passage planning strategy and dealing with an emergency situation
- Definition of position, course and speed
- Navigational charts and publications
- Navigational drawing instruments
- Compass
- Chart work
- Preparation for sea
- Deck work
- Meteorology
- Rules of the road
- Maintenance and repair work
- Engine understanding
- Victualling
- Yacht handling under power
- Yacht handling under sail
- Night cruising

Course Duration

- Theory: 6 Days Shore-based work
- Practical: 5 days, 100 miles, 4 night hours on board a sailing yacht

Requirements

- Minimum age is 16
- Completion of VHF Radio License

Classroom Requirements

- Note taking material
- Copy of Identification (either ID/ Passport)
- Passport Photo's x 6
- Sleeping bag & blanket
- Comfortable Clothing, Sun screen, Hat, windbreaker, takkies / trainers
- Buff / gloves – option to buy from our office

Provided

- RYA Course completion Certificates
- Navigational Equipment – on loan (option to buy own equipment)
- Charts + All course material – which is yours to keep after the course
- Personal Log Book
- Diesel + Berthing Fees
- Accommodation & food for the duration of your practical sailing course
- Fresh linen, pillows and pillow cases
- The use of Foul Weather gear should you need it
- Tea, Coffee & Sugar in office and on yachts
- The boat will be provisioned with the Instructor for the duration of your Practical week



For more information and booking contact info@synctraining.co.za

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